Visual Fields in Glaucoma Management

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Objectives

- Review basic visual field concepts
- Review analysis of visual fields
- Review of the reliability indices, grayscale/sensitivity plot, probability plots and global indices are and their clinical significance
- Review of the Humphrey Visual Field Analyzer
- Review of the Octopus Visual Field Analyzer
- Compare and contrast the Humphrey and Octopus perimeters
- Review of visual fields of patients who are glaucoma suspects or have been diagnosed with glaucoma

Before we get started. . . Some "business" to tend to. . .

- CPT code
 - ▶ 92803 Visual Field Extended
- Reimbursement \$72.83
- Unilateral or Bilateral
 - May be performed on one or both eyes, but can only bill once.
- Frequency of Testing
 - No more than 2 per year or every 6 months
 - Clinical justification

- Requires an Interpretation and Report
 - ► Need to address 3 areas
 - ▶ Why are you doing the test diagnostic code
 - ▶ Is it baseline or follow-up. If follow-up, how is it compared to the previous results?
 - What did you find your clinical analysis of the pertinent data (reliability, global indices. . etc)
 - ▶ What is your treatment/management plan

What is everyone using??

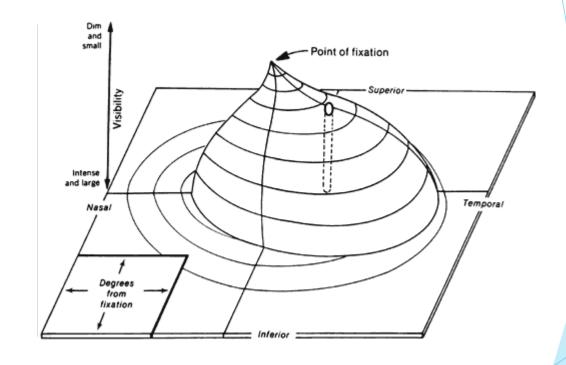






Normal Visual Field

- Extends
 - 90 degrees temporally
 - 60 degrees nasally and superiorly
 - 70 degrees inferiorly
- BUT. . Most diagnostic testing concentrates on the area within 30 degrees of fixation.



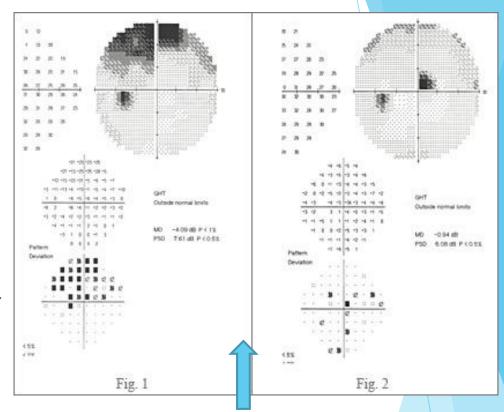
Preparing the patient

- Explaining the test to the patient
 - ► Testing your peripheral and central vision
 - Always look straight at the yellow light (HVF)
 - You will notice lights flashing off to the side press the button whenever you see one
 - If you need to take a break. .
 - Advise the patient how long the test will take. . . Run the Demo Test
 - ▶ Effect that may occur. . . . *Troxler*
- Pupil size
 - Need to be at least 3 4 mm in size



Preparing the patient

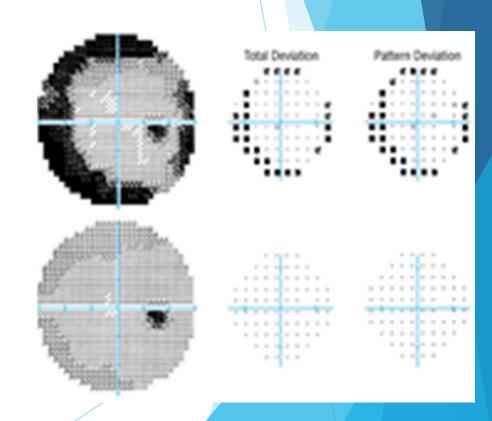
- Refractive error
 - Correction must be made for presbyopia
 - Cylinder must be corrected when > 0.75D
 - Be careful with positioning of the trial lens holder
- Physical restrictions / concerns
 - Eyelid/Eyelashes may be taped to lift them out of the way
 - Try not to have the patient lean forward into the instrument
 - ► Try to use a chair with armrests



Pt w/ptosis (not taped vs taped)

What can affect the outcome of your results. . . .

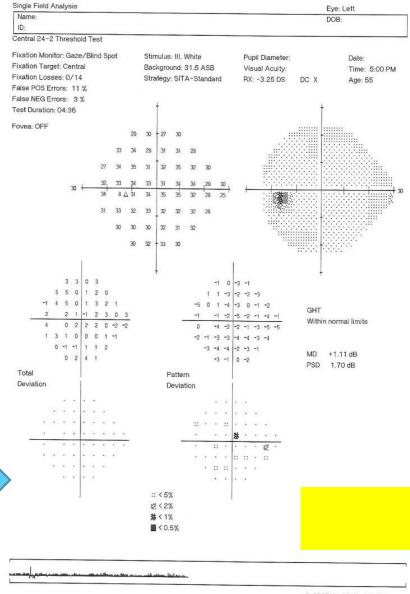
- Media opacities
 - Generalized depression / Localized depression
- Small pupils
 - Decreased retinal illumination = Generalized depression
- Uncorrected refractive error / position of trial lens holder
- Learning curve



Selecting a test

- Threshold testing
 - To diagnose and monitor visual field defects that are subtle or suspected of being progressive.
 - Standard for glaucoma, retinal and optic nerve disease.
 - Based on the determination of the visual threshold at each test point.

HVF SITA Standard 24-2 (for glaucoma)



© 2005 Carl Zeiss Meditec HFA II 740-16546-4.1/4.1

Selecting a test

Humphrey

- **24-2**
 - ► Full Threshold (4-2 bracketing)
 - SITA Standard
 - Reduces test time in half relative to a full threshold
 - SITA Fast
 - 33%



- ► G = physiological glaucoma test
 - Normal (4-2 bracketing)
 - ▶ 8 12 minutes
 - Dynamic = adaptive step size
 - > 5 8 minutes
 - TOP = tendency oriented perimetry
 - 2 3 minutes



Test Strategies

Humphrey

- Swedish Interactive Thresholding Algorithm (SITA)
 - By taking into account the patient's results in nearby locations, stimuli that are unlikely to be seen or extremely likely to be seen are not tested exhaustively.
 - SITA Standard vs SITA Fast
 - More variability is allowed between the repeated measurements, allowing for a faster test.

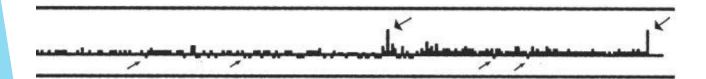
- Dynamic
 - 2db sensitivity resolution in proximity to normal thresholds and larger steps in relative to absolute scotoma.
- TOP
 - Recommended in children and elderly patients. Shortens test duration by applying the responses to neighboring test locations.

Reliability

Humphrey

- Gaze Monitor
 - Utilizes infrared light source to get corneal reflexes at beginning of the test.
 - Up = fixation loss (~10 degrees)
 - Down = Blink? (Unable to detect)
- Fixation Losses
 - Should be < 20%</p>

- Fixation Control
 - No stimuli is presented during a fixation loss / eye closed
- Automated Eye Tracking
 - Instrument automatically centers the patient
- Forehead Sensors
 - ► Test is paused if pt pulls away from the instrument
- Reliability Factor
 - ▶ Should be < 15



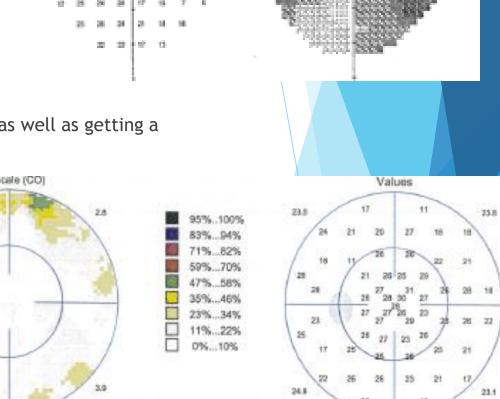
Reliability Indices

- Humphrey / Octopus
 - False Positives
 - ▶ Positive response when no stimulus is presented
 - "Trigger happy patient"
 - ▶ Make the field look "cleaner" / more "normal"
 - False Negatives
 - ▶ Negative response after the presentation of a stimulus that should have been detected
 - ▶ Patient may not be concentrating / paying attention

Grayscale / Sensitivity Plot

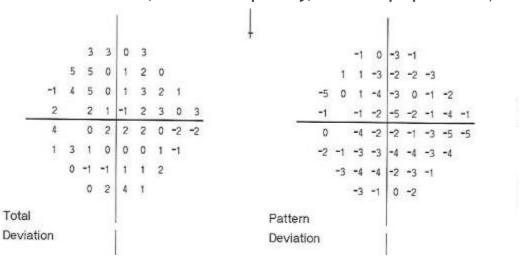
Humphrey / Octopus

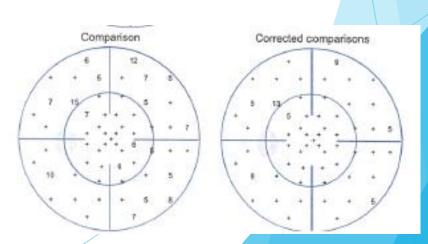
- Grayscale
 - ▶ Start here to quickly identify potential scotomas and depressions, as well as getting a general idea of the location and size of a defect.
- Sensitivity
 - Absolute thresholds as tested by the instrument
 - Generally Central values should be in the30's and Peripheral values should be in the upper 20's



Humphrey / Octopus

- Total Deviation = Comparison
 - Decibel values which represent the difference from mean normal value for health patients of the same age (deviation of 5db should be considered significant)
- Pattern Deviation = Corrected Comparison
 - Adjusted analysis of test points that corrects for any OVERALL changes in the patient's Hill of Vision / "removes" any generalized visual field depression (due to cataracts, corneal opacity, miotic pupils. . .) or elevation ("trigger happy).

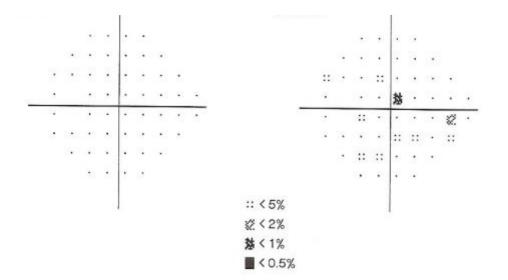


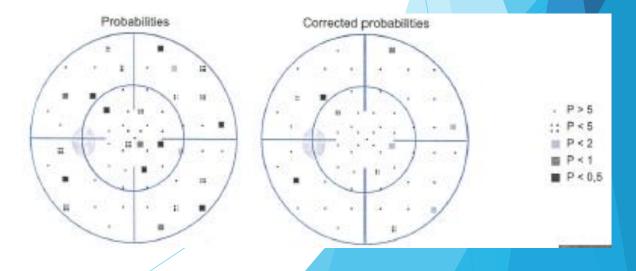


Humphrey / Octopus

- Probability Plots
 - Percentile of normality to which a local defect compares
 - Subtle abnormalities often are considerably more distinct

P < 1% = less than 1% of the normal population would have a sensitivity that low





Global Indices

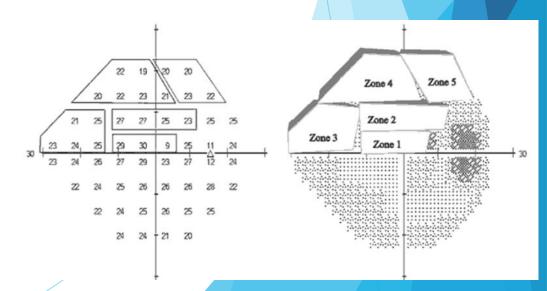
Humphrey

- Visual Field Index (VFI)
 - Is a staging index for the total amount of field loss. Values range from 100% (normal) to 0% (perimetrically blind)
- Mean Deviation (MD)
 - The average amount the whole field departs from age-normal
- Pattern Standard Deviation (PSD)
 - Reflects irregularities in the field. A measure of the degree which the patient's Hill of Vision departs from the norm. PSD will be abnormal (>3db) in the presence of localized defects.

- Mean Sensitivity (MS)
 - Overall average of all measured values
- Mean Defect (MD)
 - The average amount of whole field departs from age normal
- sLV (square root of Loss Variance)
 - Equivalent to PSD

Glaucoma Hemifield Test (GHT) / Humphrey

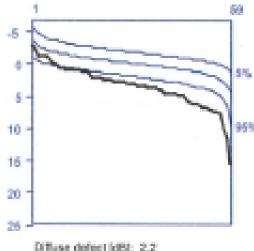
- Compares Pattern Deviation probability scores in five zones in the upper field with corresponding mirror image zones in the lower hemifield. The zone pattern is designed to be sensitive to glaucomatous visual field damage.
 - "Outside Normal Limits" when 1 zone pair differs by an amount found in fewer than 1% of normal subjects. P < 1%</p>
 - "Borderline" whenever at least 1 zone pair differs by an amount found in fewer than 3% but more than 1% of normal subjects. P is between 1% and 3%
 - "General Depression" or "Abnormally High Sensitivity" -Whenever even the best test point locations are either so low or so high as to be at levels seen in fewer than 50% of normal subjects. Abnormally high more indicative of low reliability.
 - "Within Normal Limits"



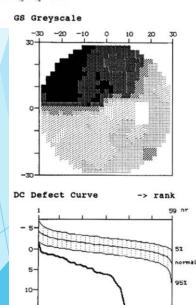
Bebie curve / Octopus

- Ranking of all defect values from left (best local deviation) to right (worst local deviation) relative to the normal bandwith.
 - Left overshoot = trigger happy
 - Parallel lowering = diffuse loss
 - Right drop = local loss
- Diffuse Defect (DD)
 - ▶ The difference between the average normal general height and the visual fields individual height expressed in db.
- Local Defect (LD)
 - ▶ Is the area between the patient's defect curve and the 50th percentile of the defect curve when shifted by DD.

Defect curve

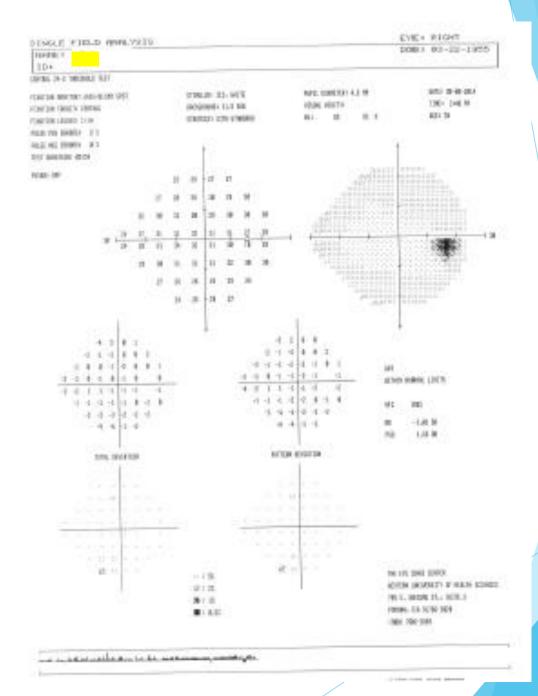


Diffuse defect (dB): 2.2

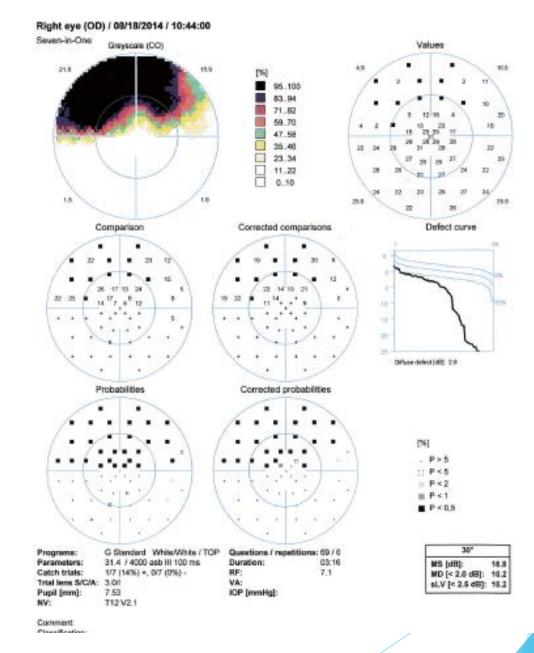


Visual Field Analysis

Humphrey

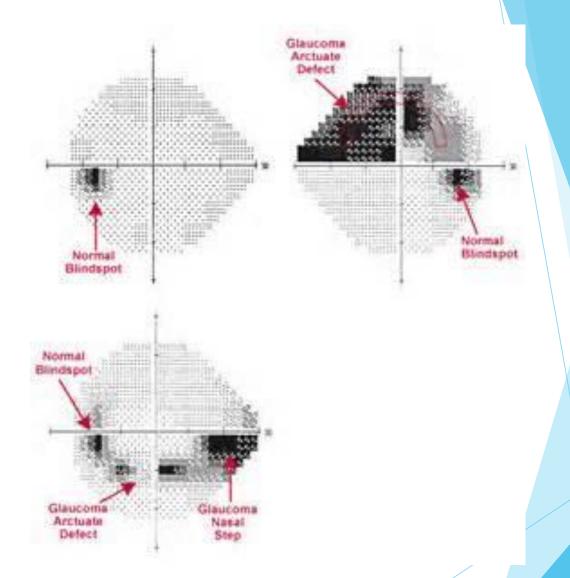


Visual Field Analysis

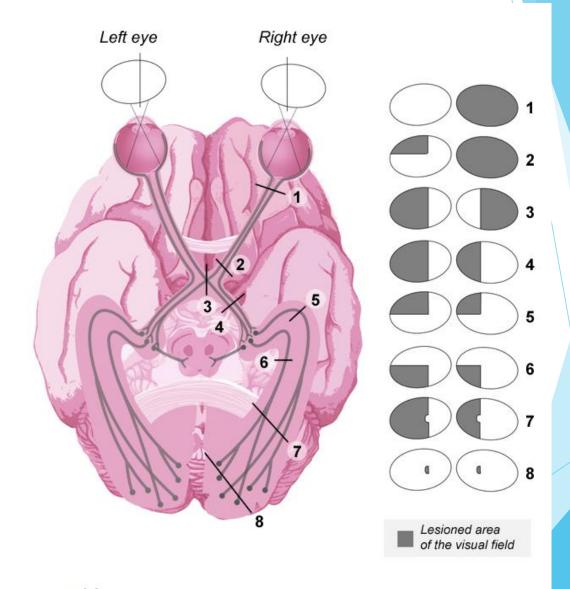


Glaucomatous Visual Field Loss

- Frequently occurs first in the Bjerrum's area and Nasal step area.
- Sensitivity should be noted across the horizontal meridian.
- Test-retest variability is a hallmark of areas of visual field affected by glaucomatous visual field loss.

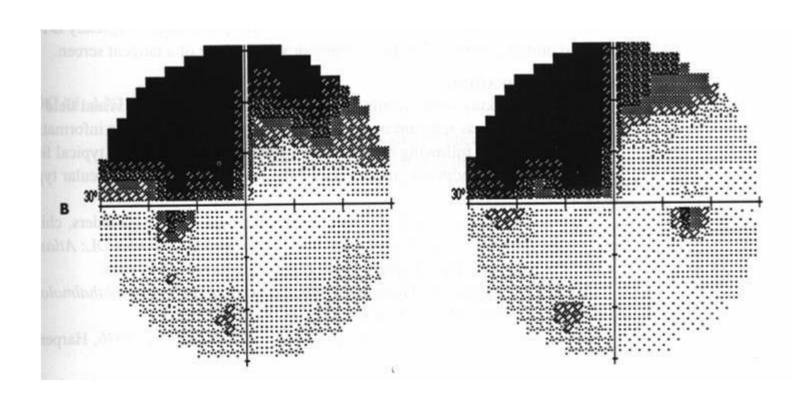


Not Glaucomatous Visual Field Defects



■ VISUAL FIELDS AND IDENTIFICATION OF LESIONED AREAS, BRAIN 2011

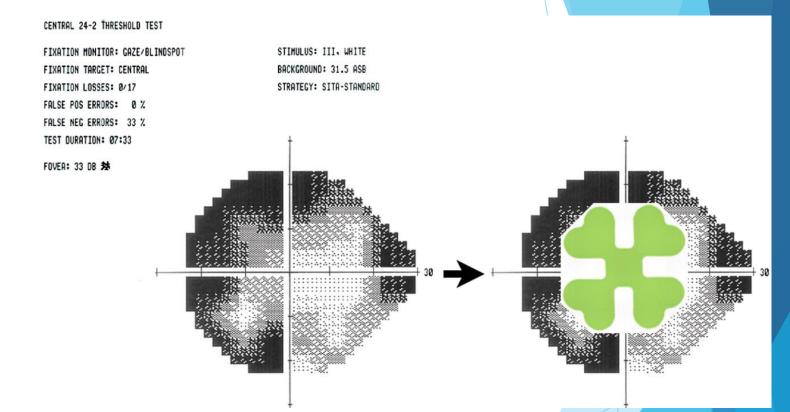
What is happening here??



Inattentive patient / Cloverleaf Field

Characteristic artifactual pattern associated with patient inattention.

Patient has responded more or less normally during the first part of the test but. . . .



The Trigger Happy Field

Characteristics

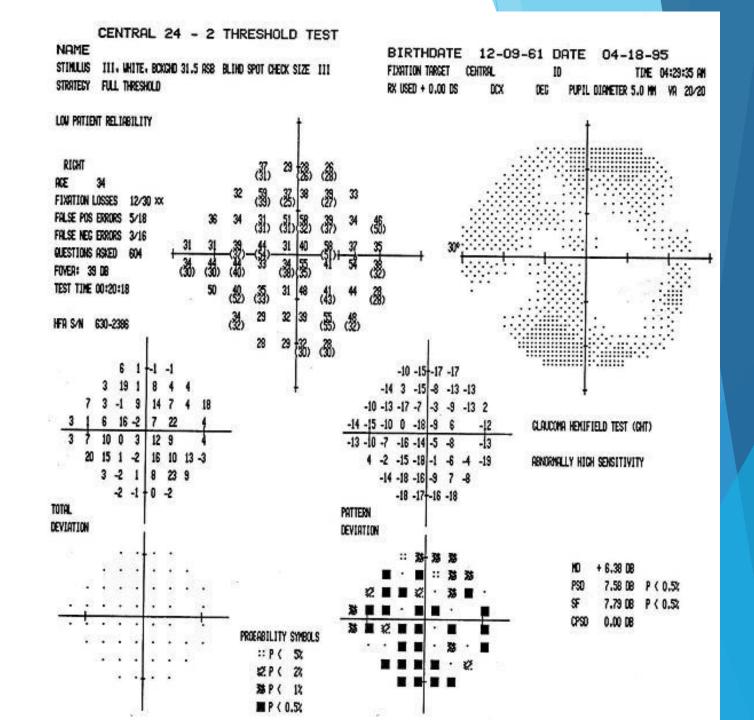
High False Positive Errors

High Fixation Losses

Threshold sensitivities are above normal

GHT = Abnormally High Sensitivity

More significant points on the pattern deviation than the total deviation.



Staging glaucoma based upon visual field results

- Glaucoma Grading Scale (*see handout)
 - Hodapp-Parrish-Anderson
 - Need 2 baseline VF's
 - ► Early defect = ≥ -6db
 - Moderate defect = ≥ -6db to -12db
 - Advanced defect = \geq -12db to -20db
 - Severe defect = > 20db
 - End-Stage = Unable to perform threshold testing due to poor
 - Brusini
 - Based on the MD and PSD.

Assessing for progression

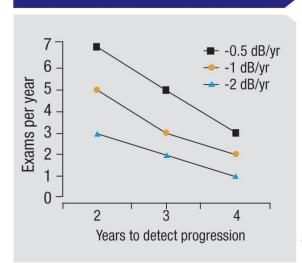
In general, in a patient with an expected long life expectancy, you would want progression to be less than 2db / year.

This will vary with the age of your patient, time of diagnosis, and current visual

field defects.

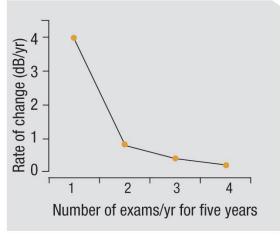
- Studies show you have to do 6 visual field exams the first 2 years to be able to detect a 2db rate of progression.
- When you start testing beyond 2-3 tests, you start to see a tapering of clinical value.

Number of Exams vs. Rates



The number of examinations required per year to detect various rates of change. (Based on Chauhan, 2008.¹)

Ability to Detect Change



With infrequent examinations the ability to detect clinically meaningful rates of change diminishes. With a higher frequency, these rates can be detected. (Based on Chauhan, 2008.¹)

Assessing for progression

- No widely accepted standard
- Most individuals agree that:
 - Deepening or expansion of an existing scotoma
 - New defect in a previously normal area
- Key things to remember . . .
 - ▶ 20% progress even with 30% decrease in IOP
 - ▶ 50% have no VF progression without tx

Humphrey - Glaucoma Progression Analysis

- Baseline:
 - Need 2 baseline visual fields
 - You can manually select the baseline visual fields
 - Poor initial visual field / learning curve
 - Can be used with SITA / Threshold testing

Humphrey - Glaucoma Progression Analysis

GPA Alert

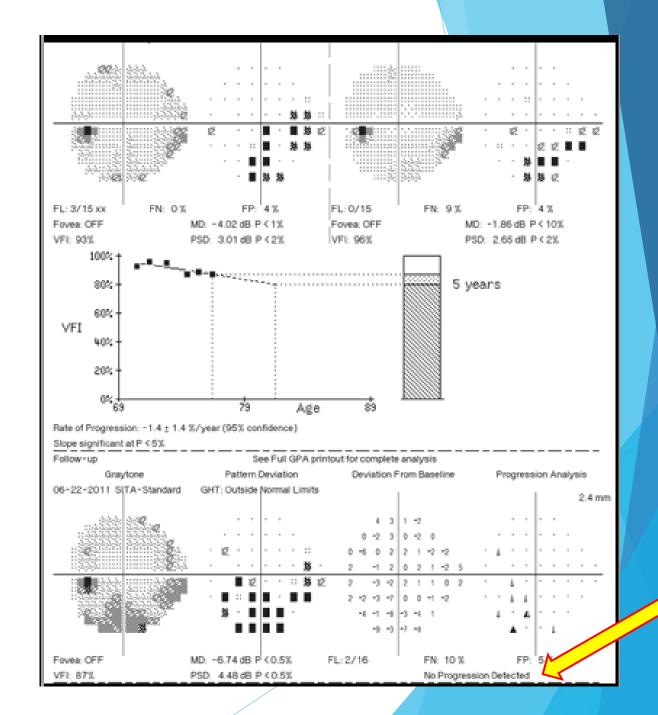
- ▶ Possible Progression when significant degradation is seen in the same three more or more points on two consecutive follow-up visits.
- Likely Progression a significant change from baseline in the same three or more points in three consecutive follow-up visits

► The Symbols

- ▶ Open triangle = denotes points changing at the p<0.05 significance one time when compared to baseline exams.
- ► Half-filled triangle = denotes points changing at the p<0.05 significance level in two consecutive follow-up exams.
- Filled triangle = denotes points changing at the p<0.05 significance level in three consecutive follow-up exams.

Example of printout

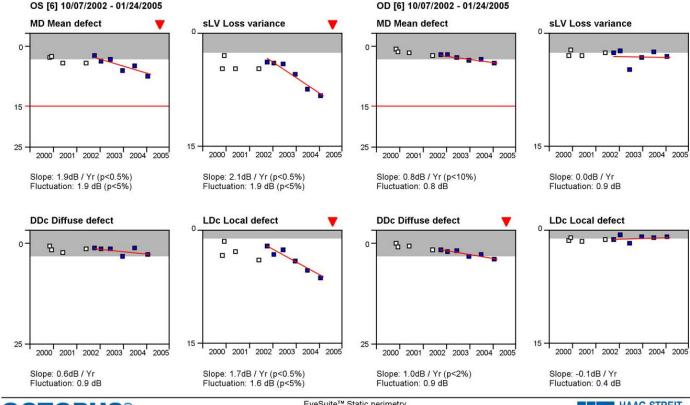
- On top are the 2 baseline fields.
- The most recent is on the bottom.
- In the middle is a trend line analysis, which is a regression line of the VFI values.
- Slope of line is plotted as rate of change indicator.
- For this case "No Progression detected" (see arrow)



Global Trend Graph

- Indicates normality range (95%) on top as the grey band.
- Scale is 25db since a Mean Defect between 20-25db in most countries is considered legal blindness.
- ▶ 15db is considered seriously impaired vision.

Demo Trend, 1/1/1934

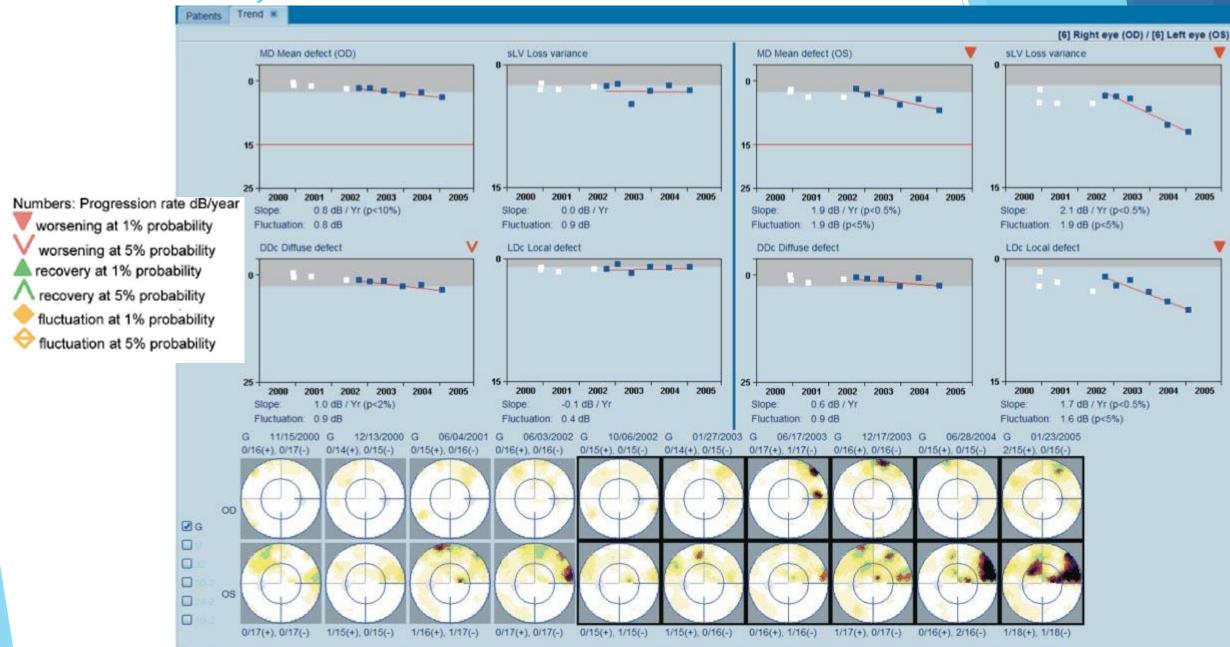








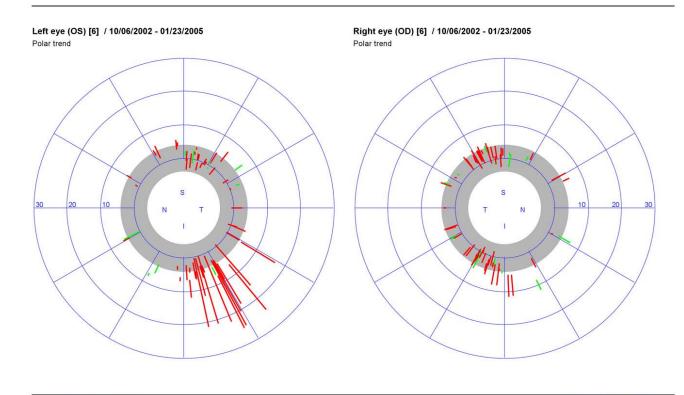
Global Trend Analysis



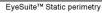
Polar Trend Graph

- Grey = normal range
- Blue Rings = 10/20/30db
- Red Line = worsening visual field defect
- Green Line = recovery / improving of the visual field defect

Demo Trend, 1/1/1934

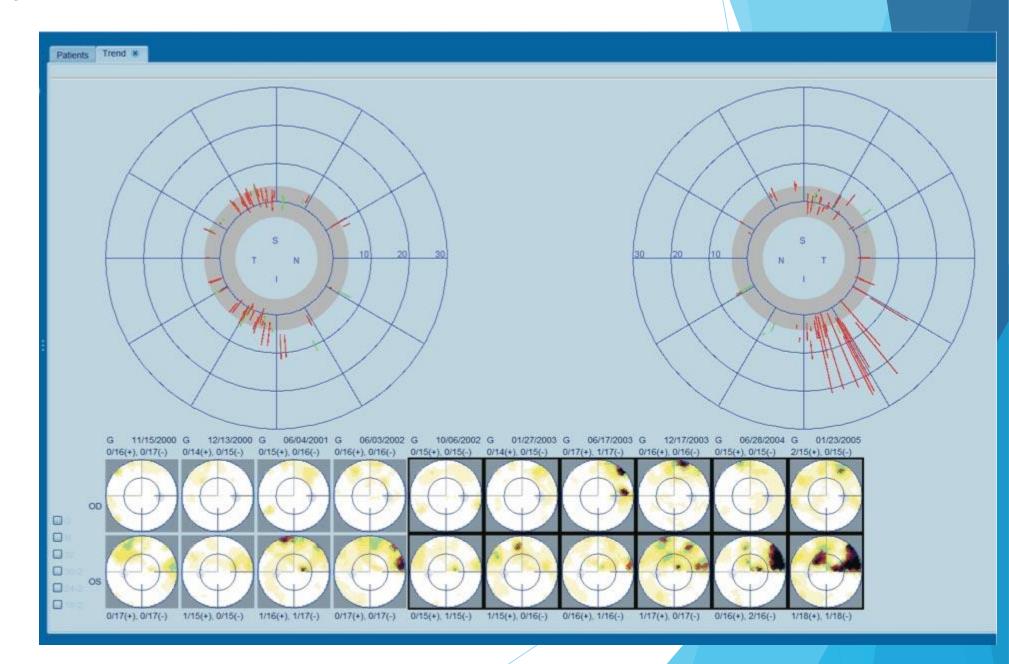






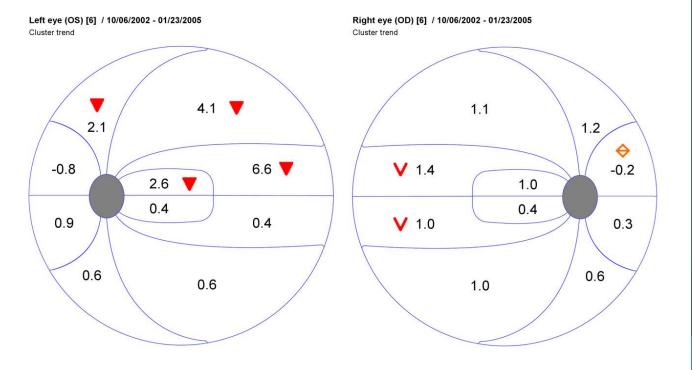


Polar Trend Analysis



Cluster Trend Analysis

- The test locations of the visual field are grouped into 10 clusters according to their nerve fiber bundles.
- Identifies regions of change, cluster change rates and significance of trend. Areas of interest are marked with icons.



EveSuite™ Static perimetry

- Numbers: Progression rate dB/year
- worsening at 1% probability
- W worsening at 5% probability
- a recovery at 1% probability
- /\ recovery at 5% probability
- fluctuation at 1% probability
- fluctuation at 5% probability

HAAG-STREIT INTERNATIONAL

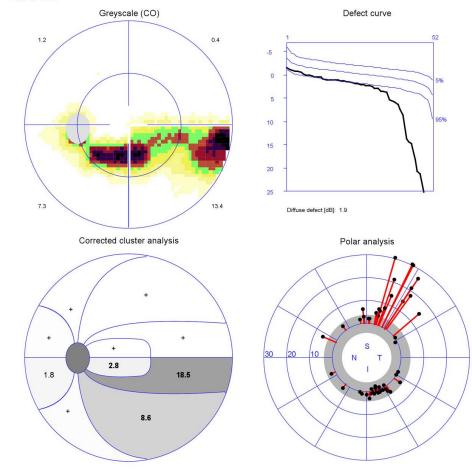
Cluster Trend Analysis



0/17(+), 0/17(-) 1/15(+), 0/15(-) 1/16(+), 1/17(-) 0/17(+), 0/17(-) 0/15(+), 1/15(-) 1/15(+), 0/16(-) 1/16(+), 1/16(-) 1/17(+), 0/17(-) 0/16(+), 1/18(-) 1/18(-)

Left eye (OS) / 02/05/2010 / 12:17:09

Four-in-One



Programs: Parameters: 24-2 Standard White/White / Sita Standard Questions / repetitions: 41 / 0 31.4 / 10000 asb III 200 ms Duration: 06:53

Catch trials: 0/0(+), 0/15(-) Refraction S/C/A: +2.25/+1.50/163

Pupil [mm]: 5.4

IOP [mmHg]:

30°

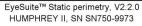
MS [dB]: 23.1

MD [< 2.0 dB]: 5.7

sLV [< 2.5 dB]: 8.7

Comment: Classification:



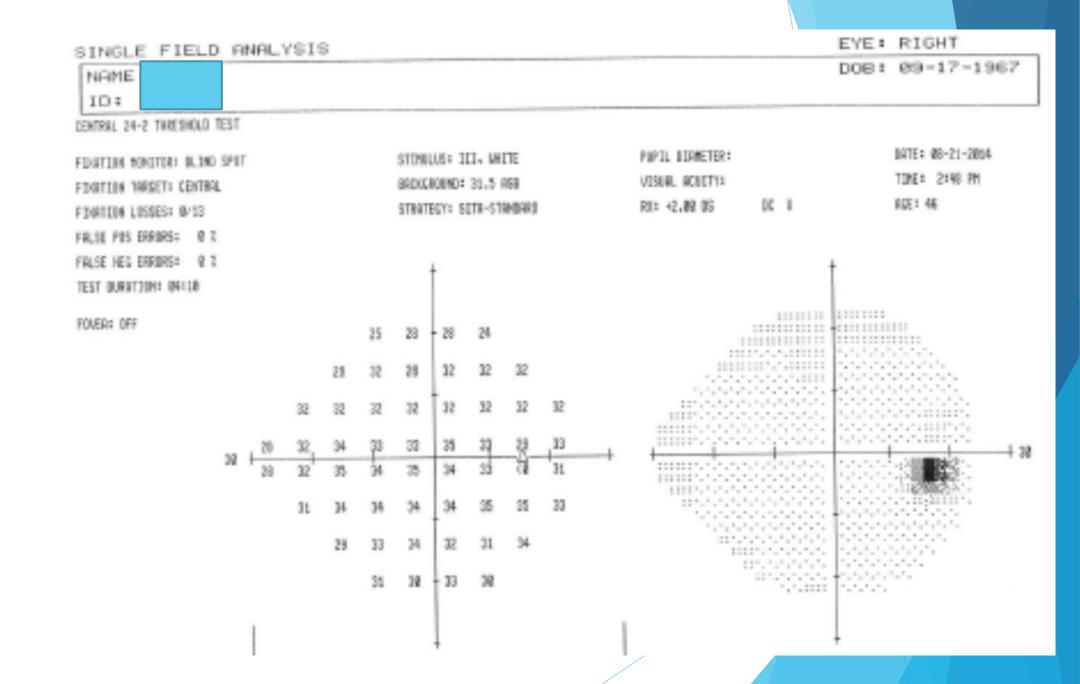




Patient Cases

- Visual Fields
- Optic nerve correlation
- Obviously we would need more data but we will look at these 2 components for the sake of going thru a few cases.





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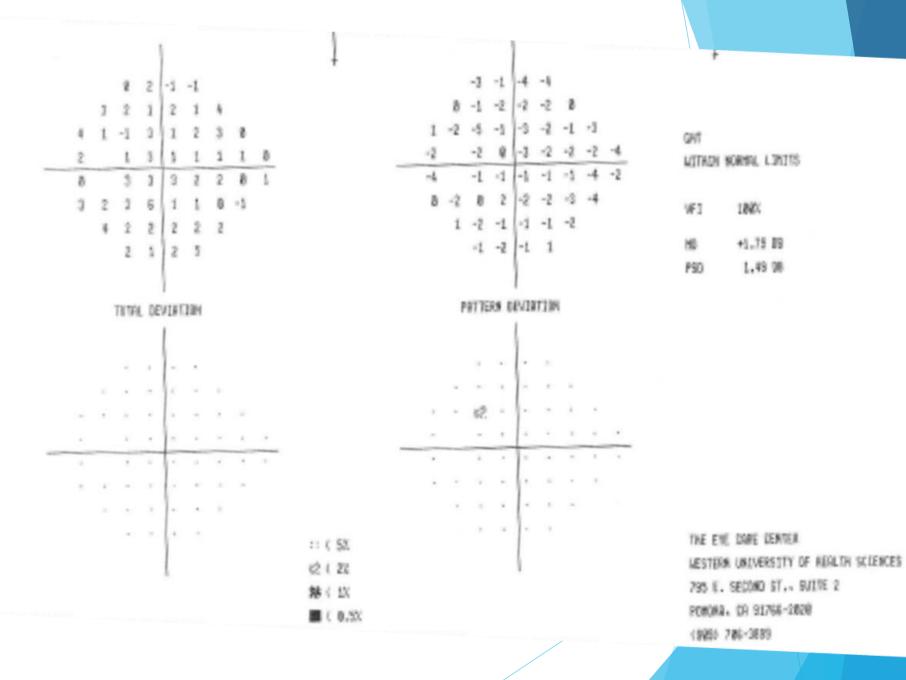
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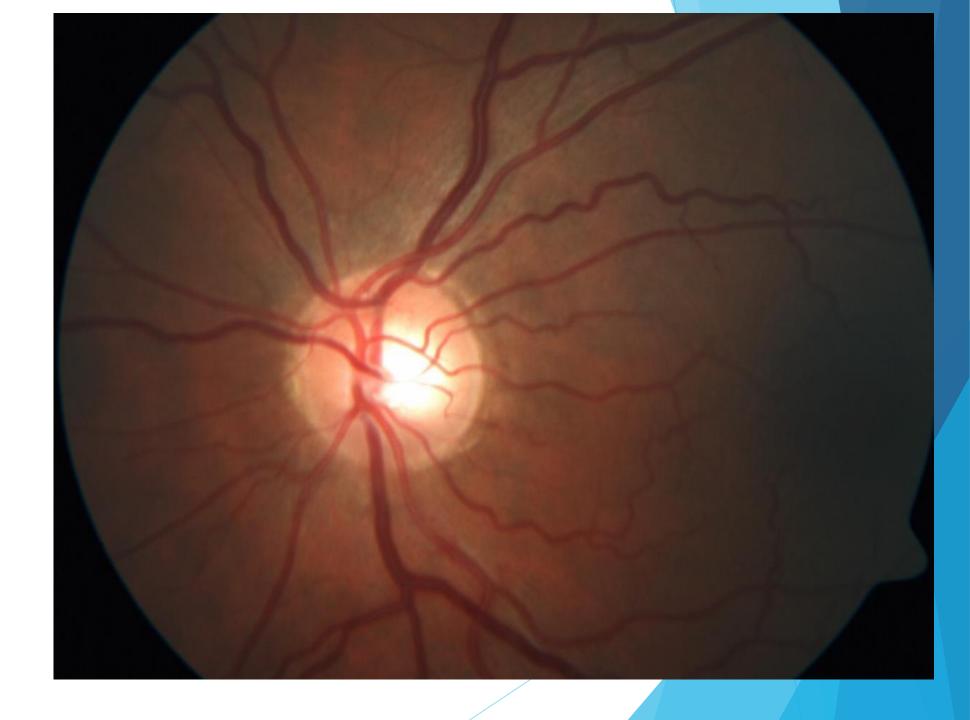
POMONA, CR 91766-2828

(926) 786-3698



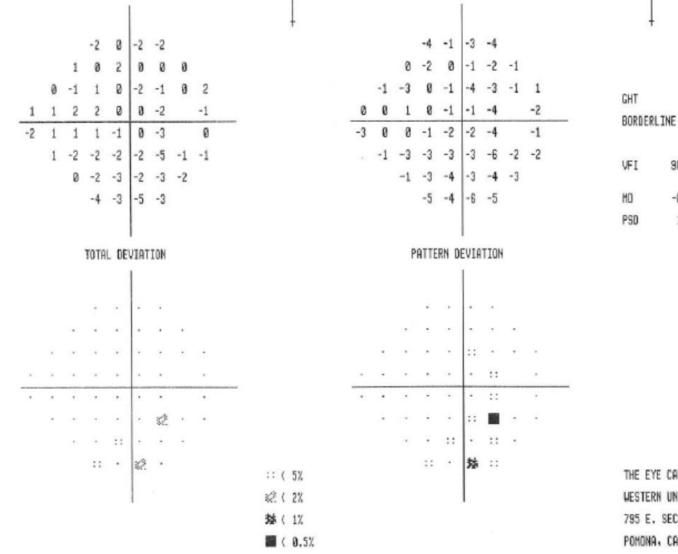
SINGLE FIELD ANALYSIS EYE! LEFT NAME DOB: 09-17-1967 ID: CENTRAL 24-2 THRESHALD YEST FIRSTICS NEWLTOR: DAZE/SLINE SPOT STIMULUS: ICL, LMETE PUPIL DOGMETERS 7,7 MM BRTE: 89-21-2004 FINALLIN TARGETI CENTRAL BACKEROWE: 11.5 ASS MISSIGN ACUITY: TIME: 2:54 PM FIRATION LOSSES: 8:13 STRUTERY: STER-STUNDARD RR11 +2.88 93 DC 1 RIEL 48 FULSE PGS ERMORS: 0 2 FOLSE MED EMBORS: B X TEST DURNTION: 00:51 FOURAG BEE Distance | Distance + 27 15000110001 40001100011 Santabasian basis and the 31 \$255555555555555 \$2555555555555555 23 35 32 35 \$10.00 for The state of the s 32 35 32 34 Sandara Contractor





Pt. #2

EYE: RIGHT SINGLE FIELD ANALYSIS DOB: 11-26-1961 NAM ID: CENTRAL 24-2 THRESHOLD TEST FIXATION MONITOR: GAZE/BLIND SPOT STIMULUS: III, WHITE PUPIL DIAMETER: 7.3 MM DATE: 05-09-2014 VISUAL ACUITY: TIME: 1:47 PM FIXATION TARGET: CENTRAL BACKGROUND: 31.5 ASB STRATEGY: SITA-STANDARD RX: -1.25 DS DC X AGE: 52 FIXATION LOSSES: 1/15 FALSE POS ERRORS: 1 % FALSE NEG ERRORS: 2 % TEST DURATION: 04:56 FOVEA: OFF 27 29 29 27 : 14:4:4:

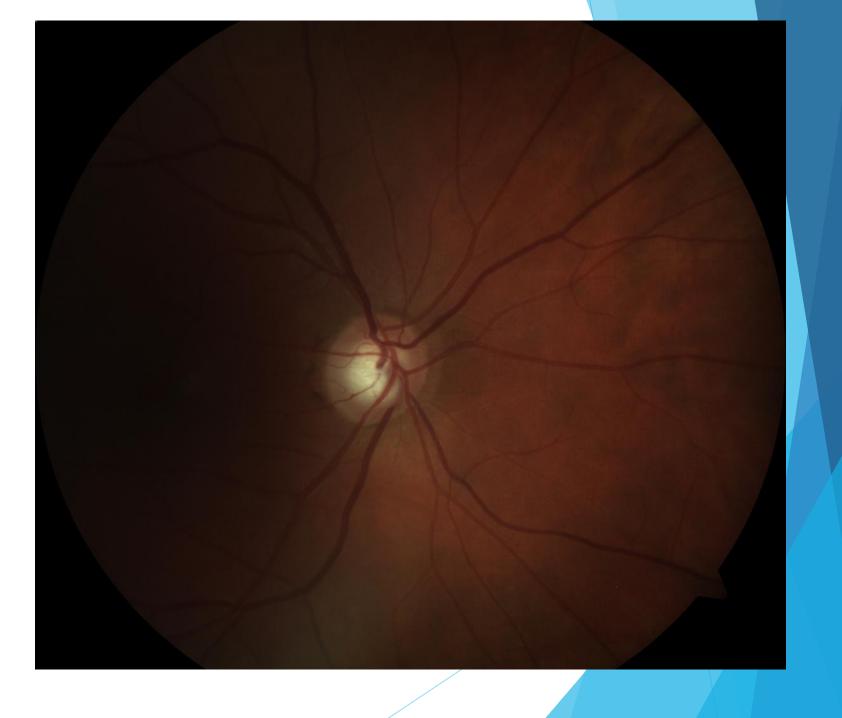


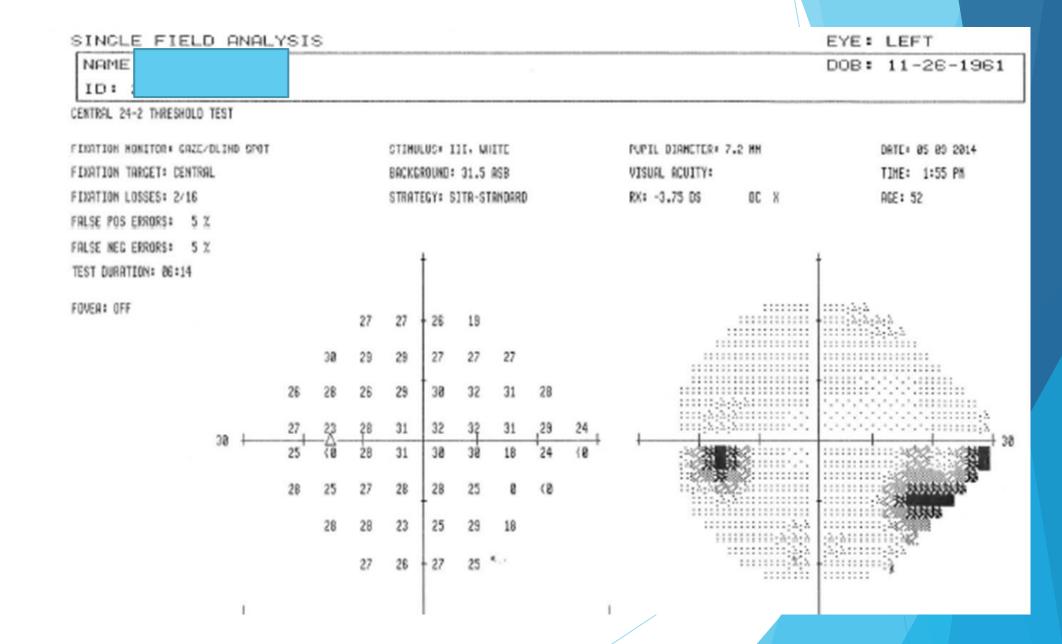
THE EYE CARE CENTER
WESTERN UNIVERSITY OF HEALTH SCIENCES
795 E. SECOND ST., SUITE 2
POHONA, CA 91766-2020
(909) 706-3899

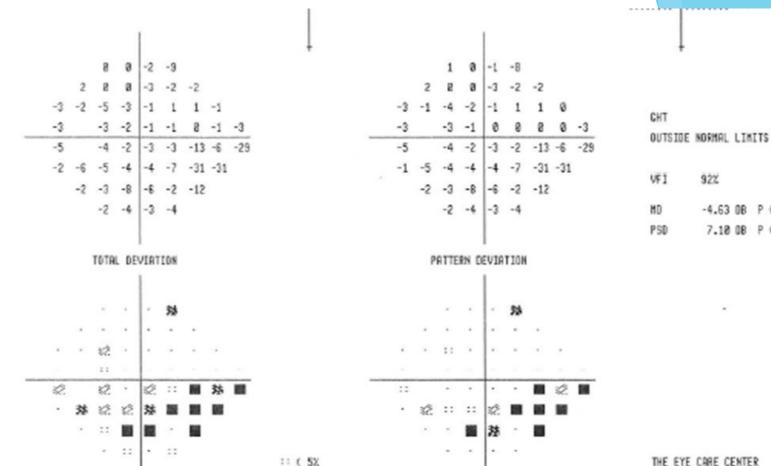
98%

-0.81 DB

1.84 DB P (10%







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92%

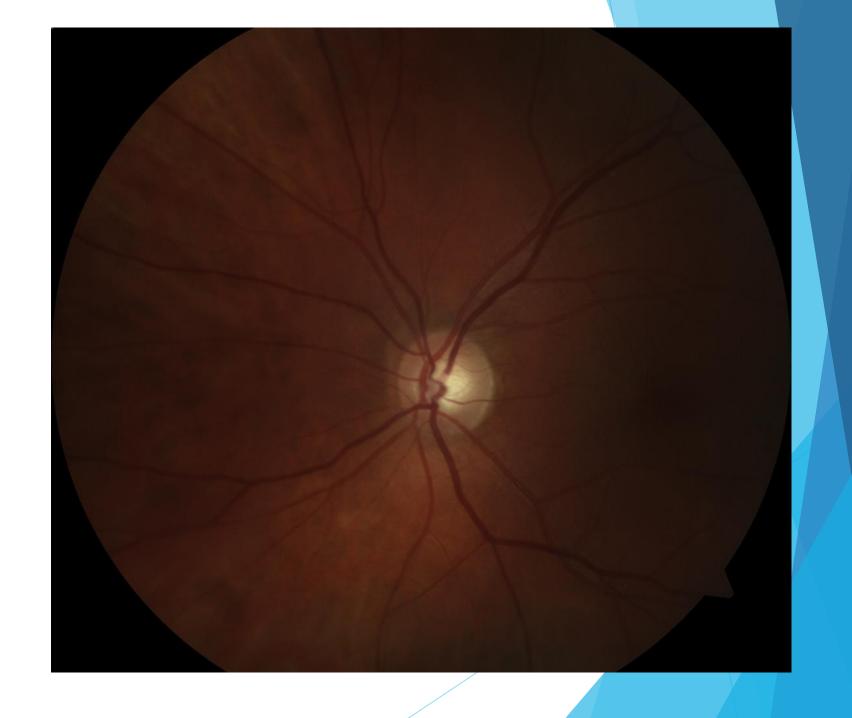
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12 (2%

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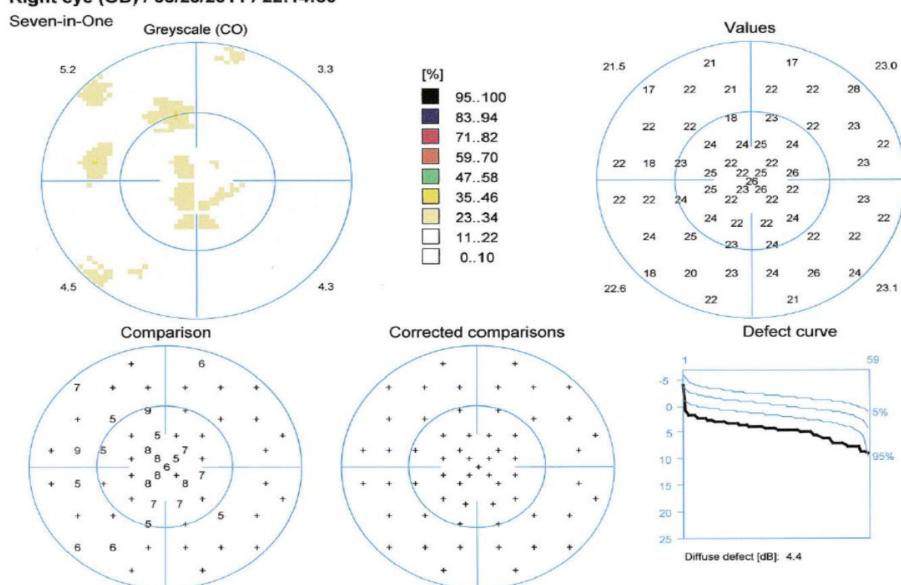
> 8 2007 CARL ZEISS MEDITEC HFR II 750-12870-4.2.2/4.2.2



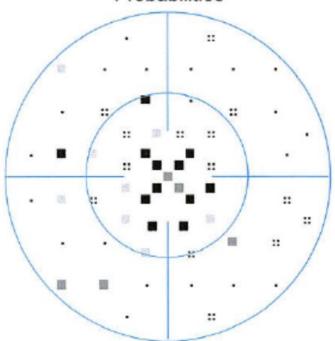
3/22/1955 (56yrs)

Pt #3

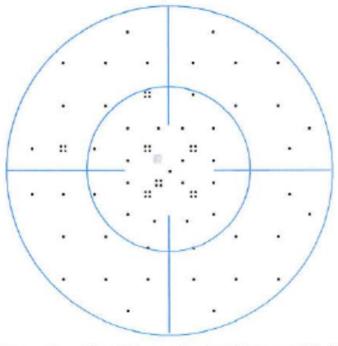
Right eye (OD) / 05/23/2011 / 22:14:50



Probabilities



Corrected probabilities



[%]

. P>5

:: P < 5

P < 2

■ P<1

■ P < 0,5

G Standard White/White / Dynamic Programs:

Parameters: 31.4 / 4000 asb III 100 ms

1/6 (17%) +, 0/7 (0%) -Catch trials:

Refraction S/C/A: //

6.5 Pupil [mm]:

T12 V2.1 NV:

Comment: Classification: Questions / repetitions: 130 / 2

Duration: 06:21

RF: 7.6

VA:

IOP [mmHg]:

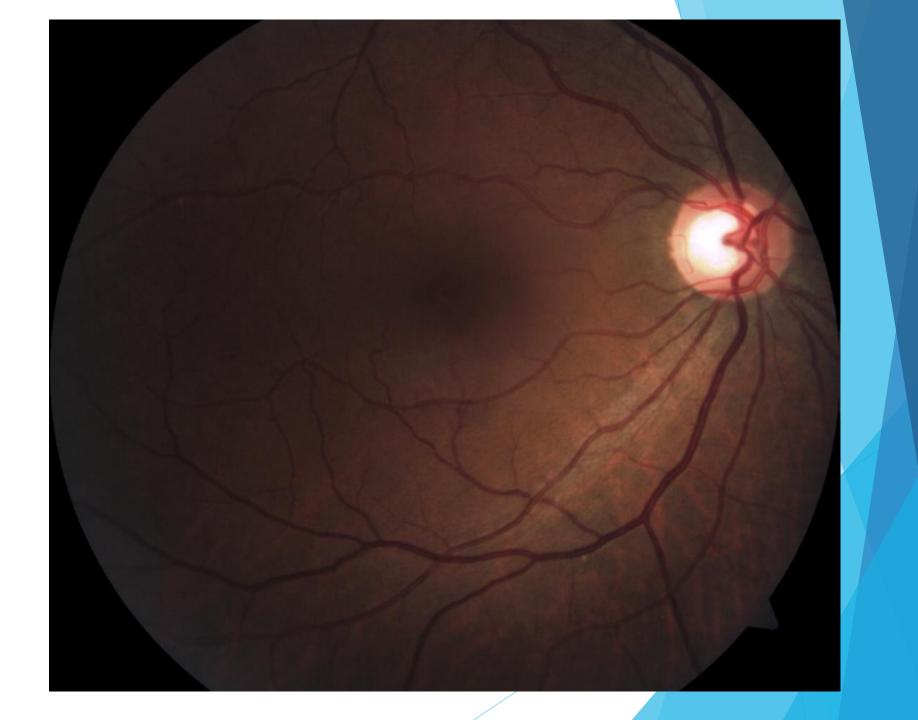
30°

MS [dB]:

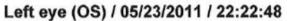
22.6

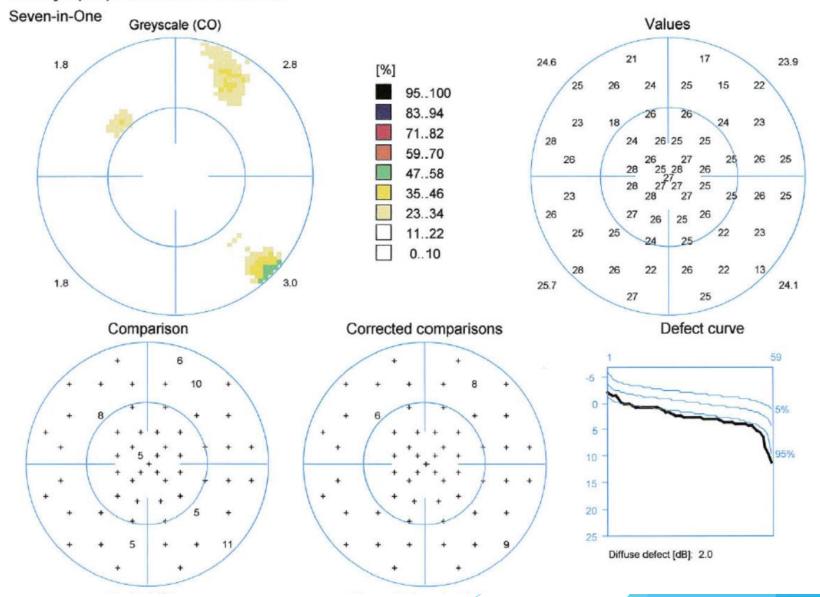
MD [< 2.0 dB]: 4.4

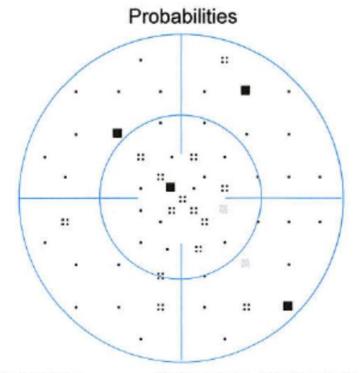
sLV [< 2.5 dB]: 2.2



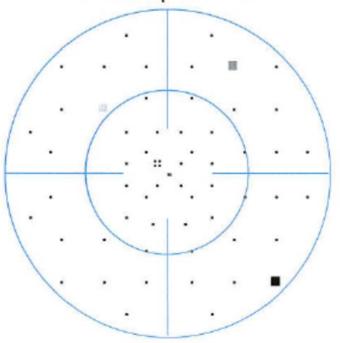
3/22/1955 (56yrs)







Corrected probabilities



[%]

. P>5

:: P < 5

P < 2

■ P<1

■ P < 0,5

Programs: G Standard White/White / Dynamic

Parameters: 31.4 / 4000 asb III 100 ms

Catch trials: 0/7 (0%) +, 1/8 (12%) -

Refraction S/C/A: //
Pupil [mm]: 4.8

NV: T12 V2.1

Comment: Classification: Questions / repetitions: 143 / 0

Duration: 06:29

RF: 6.6

VA:

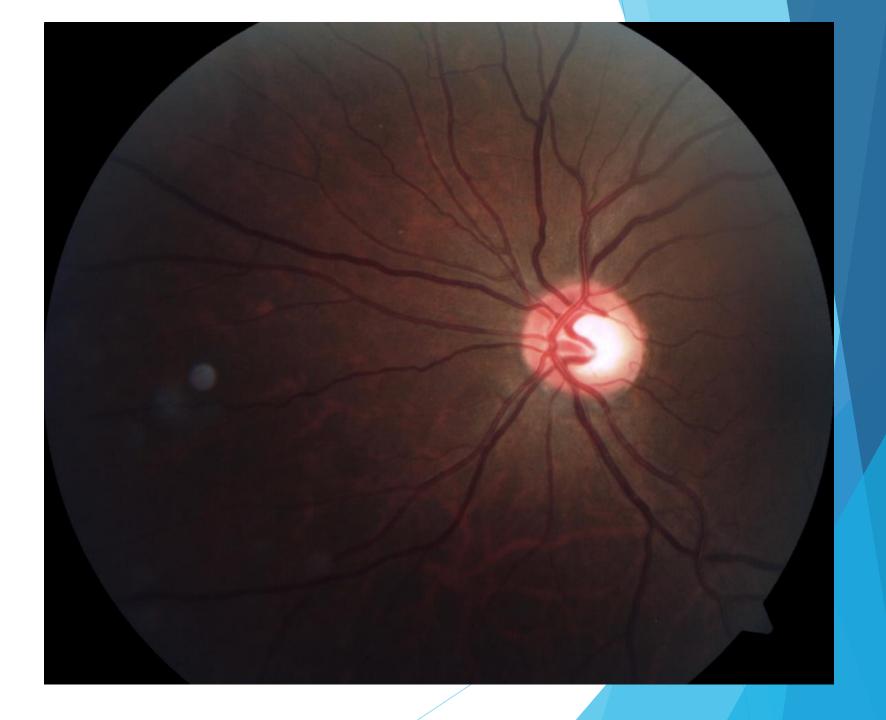
IOP [mmHg]:

30°

MS [dB]: 24.6

MD [< 2.0 dB]: 2.4

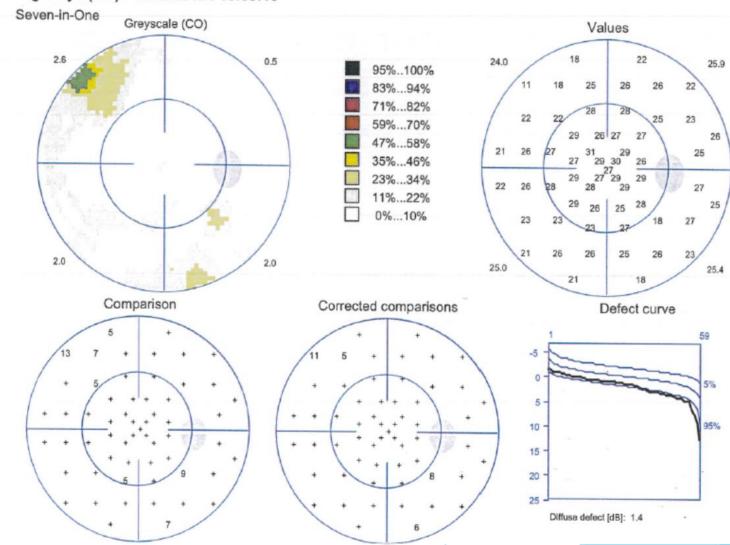
sLV [< 2.5 dB]: 2.5

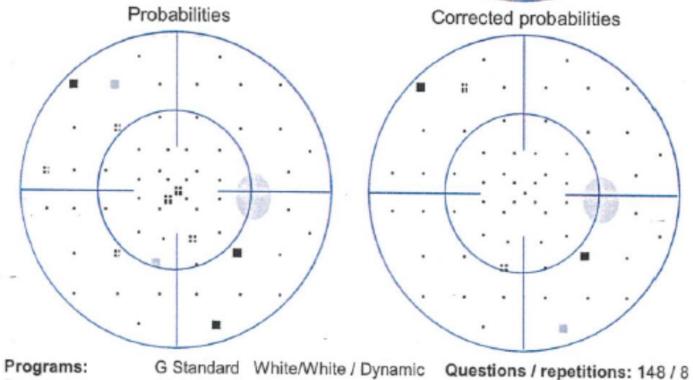


1 yr later

3/22/1955 (57yrs)

Right eye (OD) / 11/12/2012 / 15:33:10





31.4 / 4000 asb III 100 ms

1/7 (14%) +, 0/8 (0%) -

Questions / repetitions: 148 / 8

Duration: 09:11 RF: 6.6

VA:

IOP [mmHg]:

30°

MS [dB]:

. P>5 :: P < 5 P<2</p> ₽<1
</p>

■ P < 0,5</p>

25.1 MD [< 2.0 dB]:

sLV [< 2.5 dB]: 2.6

Comment:

Classification:

Parameters:

Catch trials:

Pupil [mm]:

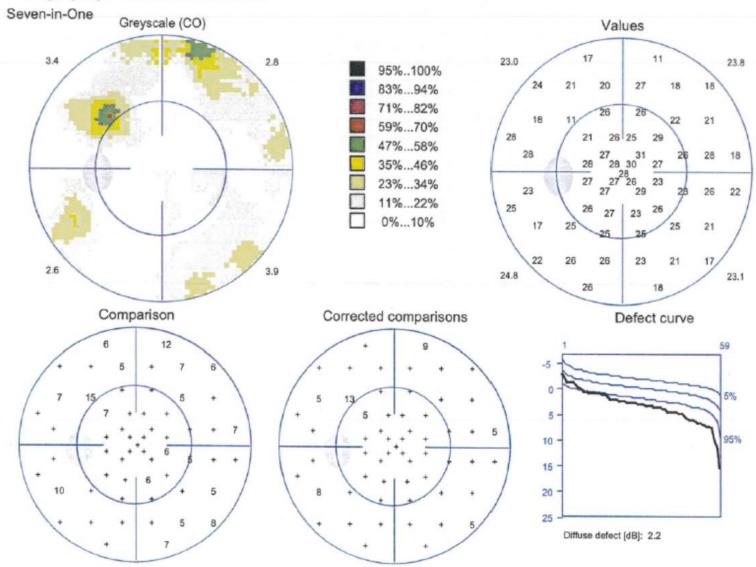
Refraction S/C/A: +3.00//

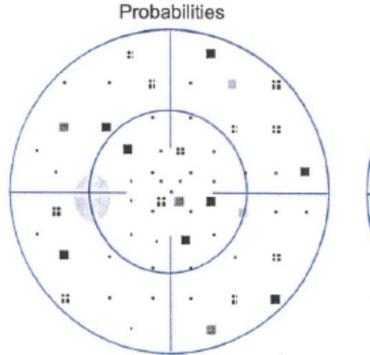
0.1

1 yr later

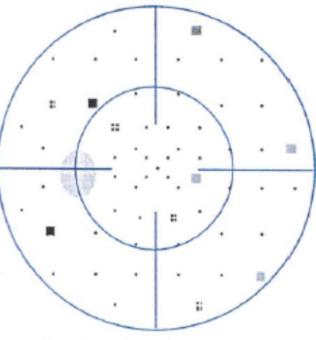
3/22/1955 (57yrs)











P > 5

:: P<5

P<2</p>

m P<1

■ P < 0,5</p>

Programs:

G Standard White/White / Dynamic

Parameters:

31.4 / 4000 asb III 100 ms

Catch trials:

1/7 (14%) +, 0/8 (0%) -

Refraction S/C/A: //

Pupil [mm]:

1.5

Questions / repetitions: 152 / 3

Duration:

11:08

RF:

6.6

VA:

IOP [mmHg]:

30°

MS [dB]:

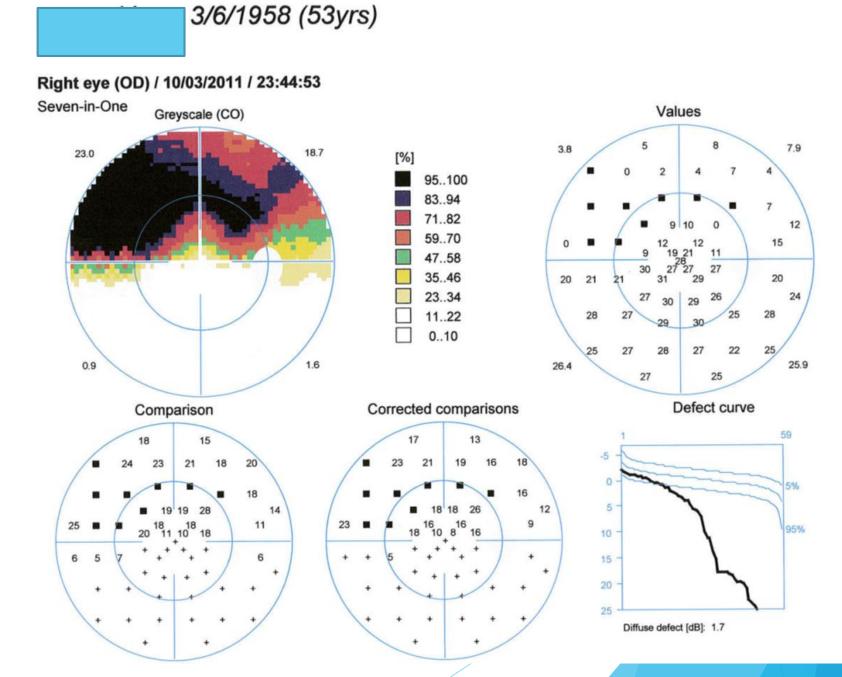
23.7 MD [< 2.0 dB]: 3.2

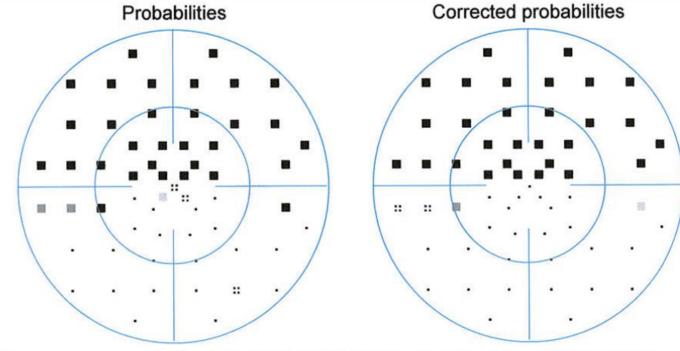
sLV [< 2.5 dB]: 3.3

Comment:

Classification:

Pt #4





Programs: G Standard White/White / TOP
Parameters: 31.4 / 4000 asb III 100 ms

Catch trials: 1/7 (14%) +, 0/7 (0%) -

Refraction S/C/A: // Pupil [mm]: 5.0

NV: T12 V2.1

Comment:

Questions / repetitions: 69 / 0 Duration: 02:26

RF: 7.1

VA:

IOP [mmHg]:

[%]

. P>5

:: P<5

P<2

■ P<1

■ P < 0,5

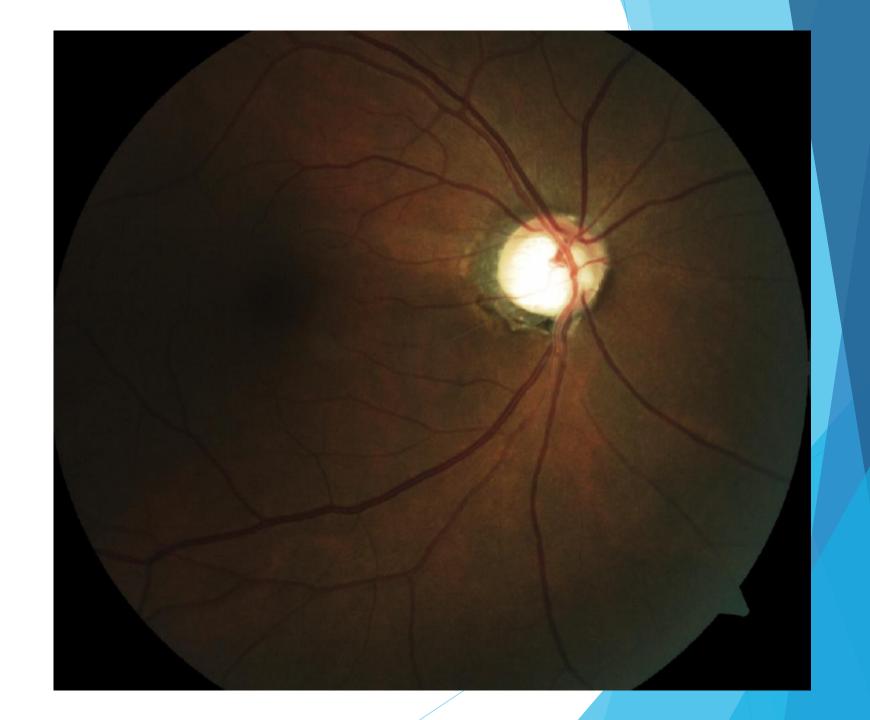
30°

MS [dB]:

MD [< 2.0 dB]: 11.0

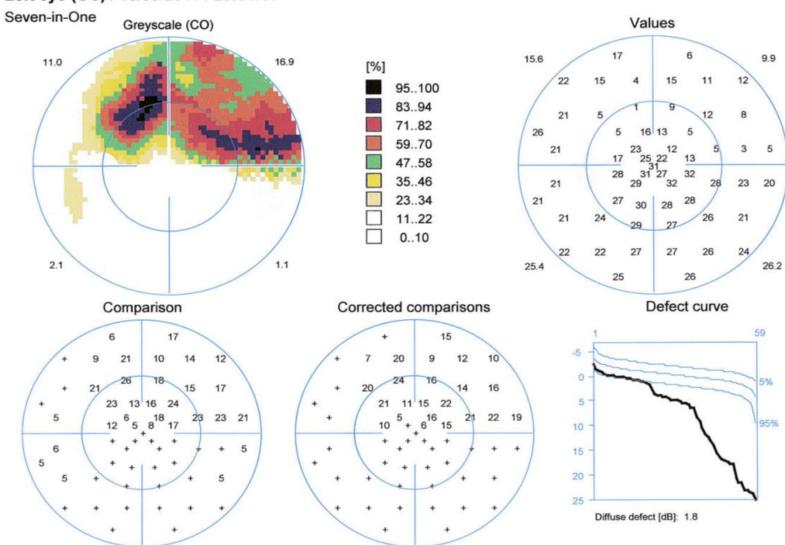
16.2

sLV [< 2.5 dB]: 10.6

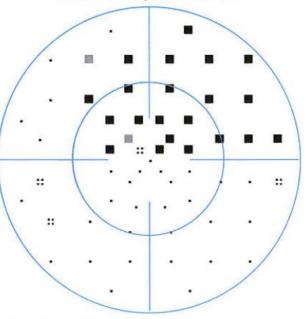


3/6/1958 (53yrs)

Left eye (OS) / 10/03/2011 / 23:51:39



Corrected probabilities



Programs:

G Standard White/White / TOP

Parameters:

31.4 / 4000 asb III 100 ms

Catch trials:

0/7 (0%) +, 1/7 (14%) -

Refraction S/C/A: //

Pupil [mm]:

NV:

T12 V2.1

4.4

Comment: Classification: Questions / repetitions: 69 / 0

Duration:

02:28

RF:

7.1

VA:

IOP [mmHg]:

[%]

. P>5

:: P < 5

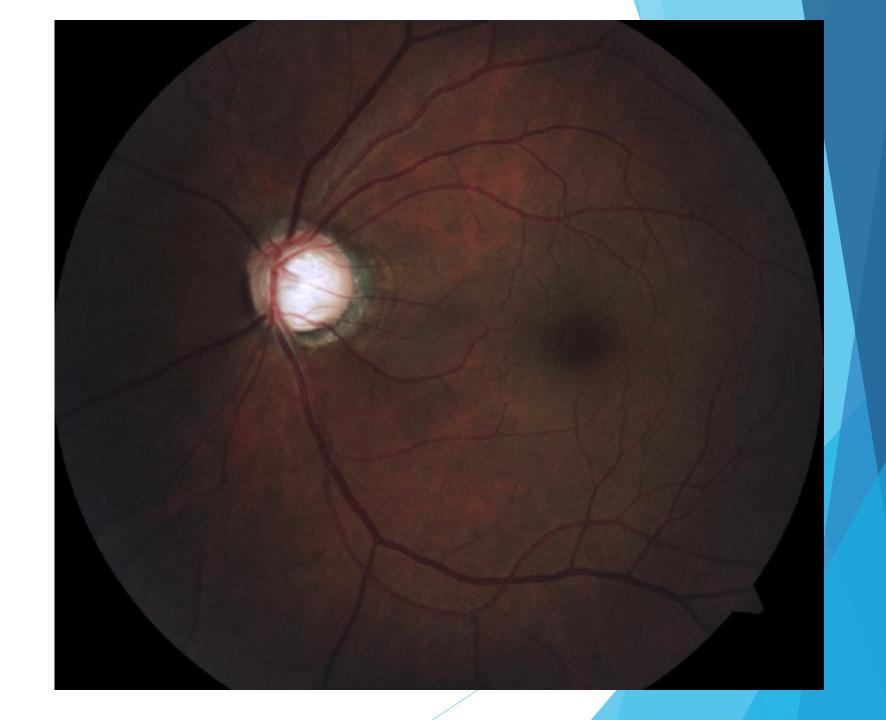
P<2

■ P<1

■ P < 0,5

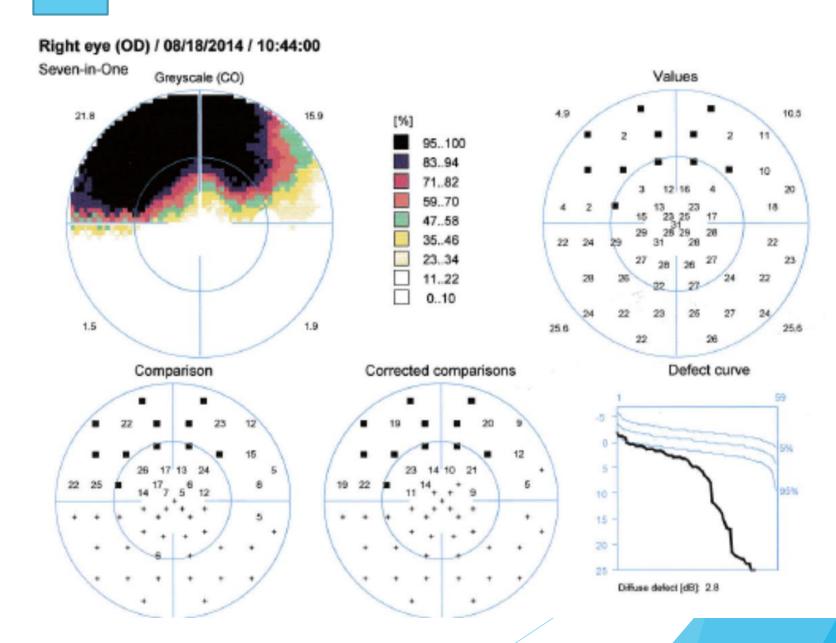
30°

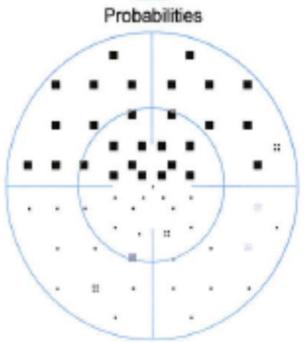
MS [dB]: 19.4 MD [< 2.0 dB]: 7.7 sLV [< 2.5 dB]: 8.2



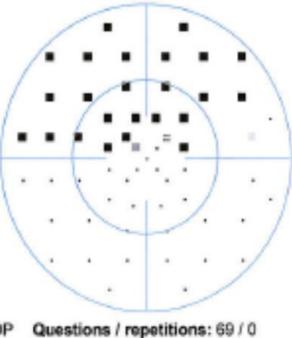
Pt #4 3yr.s later

(56yrs)





Corrected probabilities



Programs:

G Standard White/White / TOP

Parameters:

31.4 / 4000 asb III 100 ms

Catch trials:

1/7 (14%) +, 0/7 (0%) -

Trial lens S/C/A: 3.0// Pupil [mm]:

7.53

NV:

T12 V2.1

Comment: Classification: Duration:

03:16

RF:

7.1

VA:

IOP [mmHg]:

[%]

. P>5

:: P < 5

P < 2

■ P<1

■ P < 0,5</p>

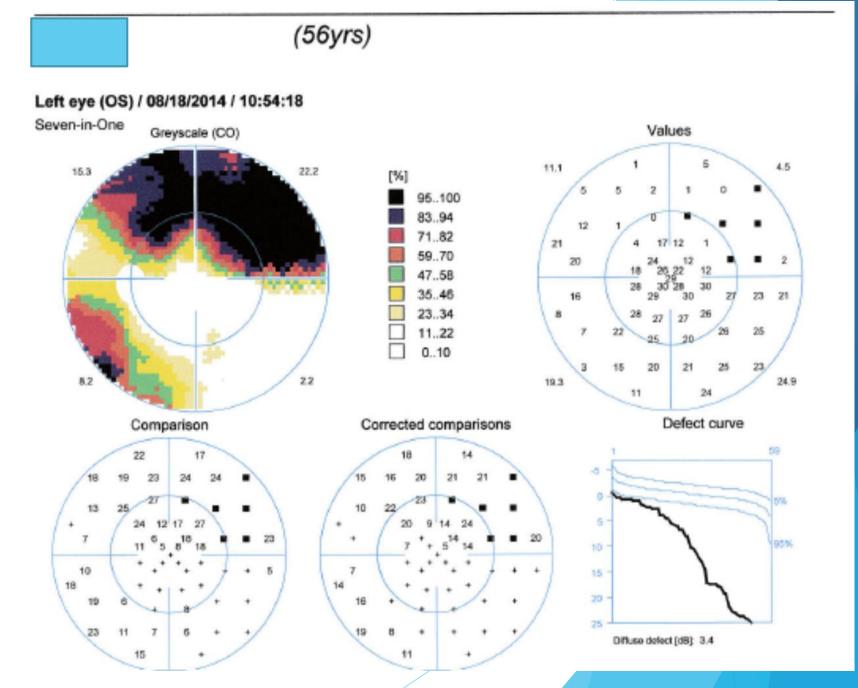
30°

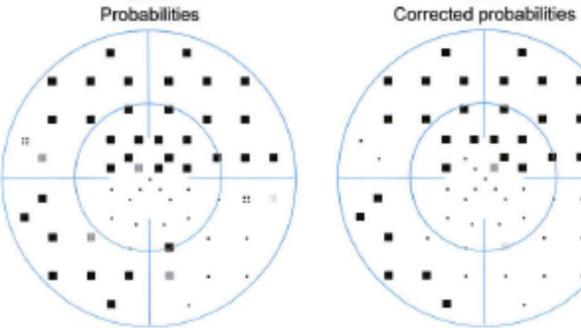
MS [dB]:

16.8 10.2

MD [< 2.0 dB]: sLV [< 2.5 dB]: 10.2

Pt #4 3 yr.s later





Programs: G Standard White/White / TOP

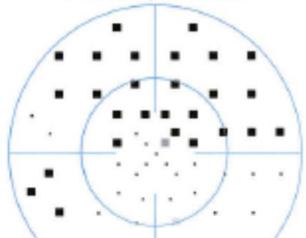
Parameters: 31.4 / 4000 asb III 100 ms

Catch trials: 0/7 (0%) +, 0/8 (0%) -

Trial lens S/C/A: 3.0W 4.89 Pupil [mm]:

NV: T12 V2.1

Comment: Classification:



Questions / repetitions: 73 / 4

Duration: 02:58 RF: 0.0

VA:

IOP [mmHg]:

[%]

. P>5

:: P<5

■ P<2</p>

■ P<1</p>

■ P < 0.5</p>

30"

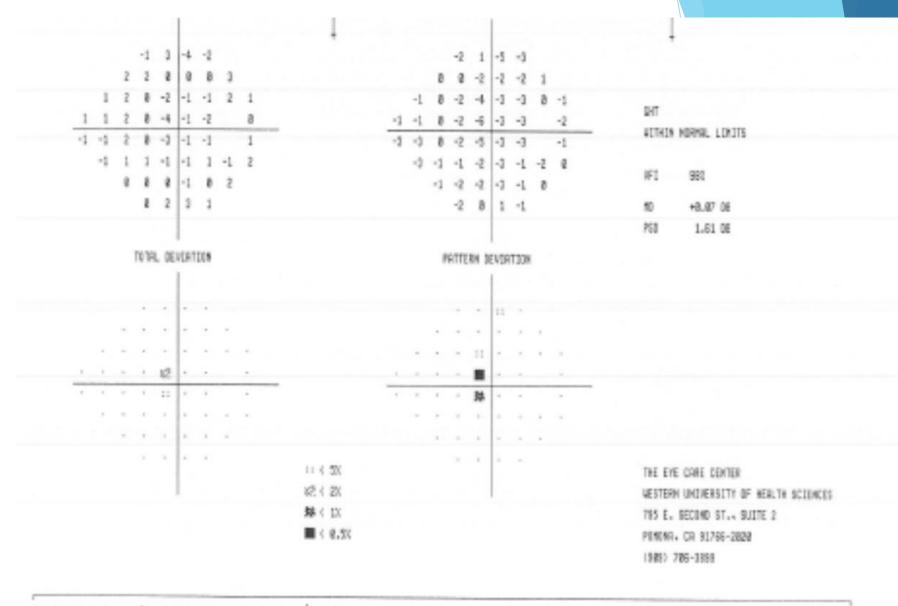
MS [dB]:

15.2 MD [< 2.0 dB]: 11.8

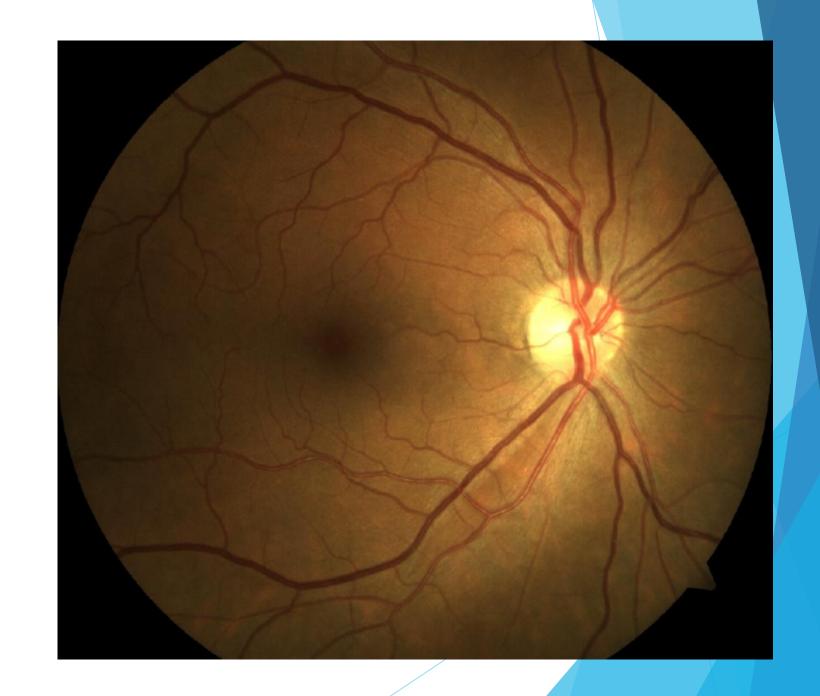
sLV [< 2.5 dB]: 9.7

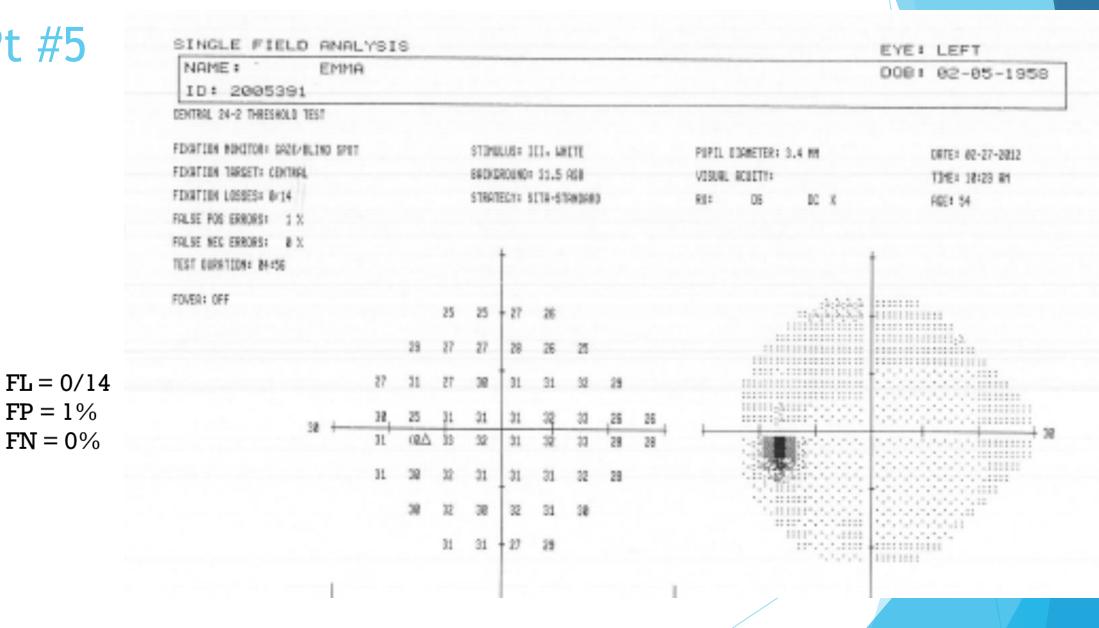
SINGLE FIELD ANALYSIS EYE: RIGHT NAME Pt #5 DOB: 02-05-1958 ID: CENTRAL 24-2 THRESHOLD TEST FINATISM MODITERS DRZE/BLING SPOT STIMULES: III. UNITE PUPOL DIRMETER: 4,3 MM MTE: 82-27-2812 FINATION TRACETS CONTRAL 8900089UNG: 31.5 808 WIBURL ROUITY: TIME: 18:23 FM FINATION LOSSES: 1/14 STRATEGY: SITH-STANDARD DC X RX: 85 **RCE1 54** FRLSE POS EBROBS: 8 % FALSE MES EMRORS: 8 X TEST DURNTION: 05:17 FOLEA: OFF ------38 23 1,1,1,1,1,111111 31 29 18 117474747474741411 initializations 1111-7-1-1-1-1111 \$148°, ", ", ", ", ", 011111 38 32 31 29 38 FL = 1/14101011----------1111117. **************** FP = 6%FN = 0%32 35 Pupil size = 4.3mm 31 31 32 HILL CO. C. C. HILLIEF CO. C. 58 35 - 32 31 antimited to the second

GHT = WNL VFI = 98% MD = +0.07db PSD = 1.61db



فينست بالمحمد واستممأ بهم خنسات السيالة فسيط مثهب أربيب ماست بالداسات



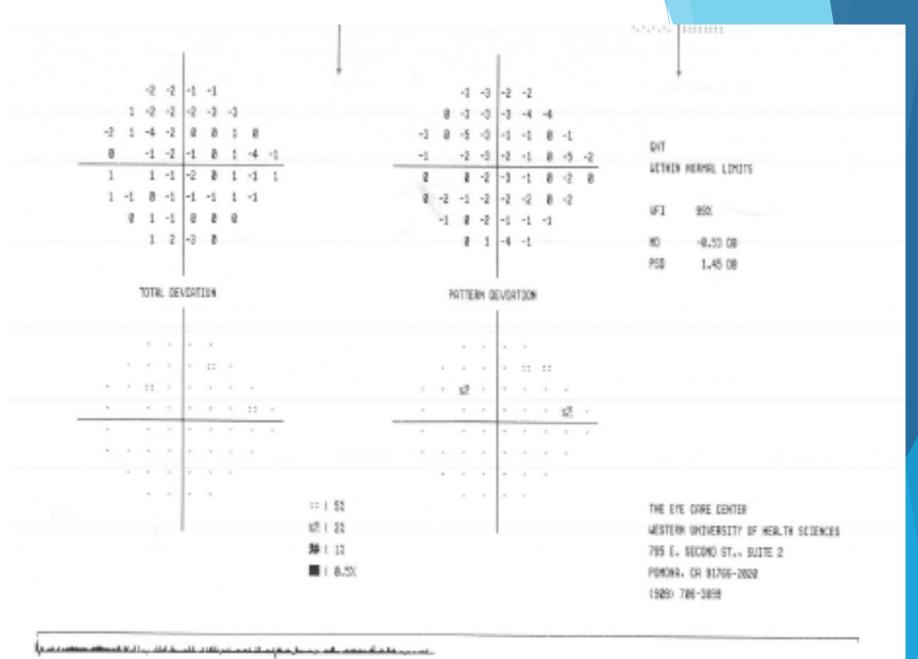


GHT = WNL

VFI = 99%

MD = -0.53db

PSD = 1.45db



Bottomline

- Visual Fields
 - Consistent instructions and careful observation
 - ▶ Typically need at least 2 -3 visual fields to establish a baseline
 - ► Test often early on to establish a rate of progression
 - Do your results correlate with clinic findings (structure and function)
 - Remember to re-establish baseline when necessary (after significant surgery / event: cataract surgery , PRP tx, vascular occlusion. . Etc)

Any questions or concerns??

For more info: www.haag-streit.com www.zeiss.com/meditec

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